

2025

Awareness

Days

 All Services

 Child Services

 Adult Lifestyle Services

 Sexual Health Services

January

Month	Dry January	
Month	Better Health	
20th January	Blue Monday	
29th January	Lunar New Year	

February

Month	LGBTQ+ History Month	
Month	National Heart Month	
4th February	World Cancer Day	
3rd - 9th February	Children's Mental Health Awareness Week	
5th - 11th February	Sexual Abuse and Sexual Violence Awareness Week	
6th February	Time To Talk Day	
10th - 16th February	National HIV Testing Week	
28th February - 30th March	Ramadan	

March

28th February - 30th March	Ramadan	
8th March	International Women's Day	
12th March	National No Smoking Day	
12th March	Young Carers Action Day	
17th - 23rd March	Neurodiversity Celebration Week	
17th - 23rd March	Nutrition and Hydration Week	
20th March	International Day Of Happiness	
30th March	Mother's Day	
31st March	International Transgender Day of Visibility	

April

Month	Stress Awareness Month	
2nd April	World Autism Awareness Day	
7th April	World Health Day	
12th April	Passover	
14th April	Vaisakhi	
20th April	Easter Sunday	
30th April	Clock Change - spring forward	

May

Month	Action On Stroke Month	
Month	National Walking Month	
4th - 10th May	Mental Health Awareness Week	
12th May	Vesek	
12th May	National Children's Day	
15th May	International Day Of Families	
17th May	International Day Against Homophobia, Transphobia and Biphobia	
31st May	World No Tobacco Day	


June

Month	Pride Month	
2nd - 8th June	Child Safety Week	
9th - 15th June	Men's Health Week	
15th June	Father's Day	
17th - 23rd June	Learning Disability Week	

July

7th - 13th July	Alcohol Awareness Week	
24th July	Samaritans Awareness Day	
28th July	World Hepatitis Day	

August

12th August	International Youth Day	
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September

8th - 14th September	Know Your Numbers Week	
8th - 14th September	Sexual Health Week	
9th September	Emergency Services Day	
19th September	Youth Mental Health Day	
23rd September	Bi-Visibility Day	
29th September	World Heart Day	




October

Month	Stoptober	
Month	ADHD Awareness Month	
10th October	World Mental Health Day	
11th October	National Coming Out Day	
15th October	World Pronouns Day	
20th October	Diwali	
26th October	Clocks change - fall back	

November

Month	Men's Mental Health Month	
Month	Lung Cancer Awareness Month	
Month	Mouth Cancer Awareness Month	
5th November	Stress Awareness Day	
9th November	Remembrance Sunday	
11th November	Remembrance Day	
11th - 15th November	Anti-Bullying Week	
13th November	World Kindness Day	
13th - 19th November	Trans Awareness Week	
14th November	World Diabetes Day	
19th November	International Men's Day	
20th November	Transgender Day Of Remembrance	

December

1st December	World Aids Day	
14th December	Hanukkah	
25th December	Christmas Day	
31st December	New Years Eve	